

St Mary's Parents and Friends presents...

# Real Kids in an Unreal World

with Maggie Dent



## Building Resilience and Self-Esteem in Today's Children (10 Resilience Building Blocks)

Children need to have certain basic experiences to build the competencies that will help them manage life — the good, the bad and the ugly. Popular Australian parenting author and educator Maggie Dent published her bestselling book, *Real Kids in an Unreal World* to help guide parents in raising children who are happy, healthy, strong, kind and resilient. In this seminar, Maggie will explore her common-sense, practical model of 10 building blocks for children birth-12.

She will present practical, common-sense ideas and strategies to make small changes in your home or classroom/centre, which will make a big difference to your children's cognitive, physical, psychological, emotional and social health later in life.

**Venue:** St Mary's Primary School Hall, 12 Dugan Street, Kalgoorlie, WA 6430

**Date:** Monday, 7th August 2017

**Time:** 7pm-9pm

**Cost:** \$35

**Bookings:** Please book online at [www.trybooking.com/301943](http://www.trybooking.com/301943)

**Queries:** Emma Marlow — 0418 760 869



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